

## RESEARCH ARTICLE

## THE RELATIONSHIP BETWEEN PARENTAL SUPPORT AND MOTIVATION HIGH SCHOOL STUDENT LEARNING

Nur Lailiah<sup>1\*</sup>, Ayesha Fayasha Salsabila<sup>2</sup>, Muhammad Roshin Anwar<sup>3</sup>, Arman Kusumadika<sup>4</sup>

[<sup>1</sup>](mailto:nurlailiah2606@gmail.com), [<sup>2</sup>](mailto:ayeshafs123@gmail.com), [<sup>3</sup>](mailto:muhammadroshinanwar@gmail.com),  
[<sup>4</sup>](mailto:armankusumadika219@gmail.com)

[1,2,3,4]\* University of Muhammadiyah Surabaya, Surabaya, Indonesia

### ABSTRACT

This study aims to examine the relationship between parental support and students' learning motivation in high schools in Indonesia. This study is a literature review based on local studies that examine the influence of emotional, informational, and instrumental parental support on students' academic motivation. The results show that students who receive adequate parental support tend to have higher self-confidence, persistence, and enthusiasm for learning. Emotional support strengthens students' self-esteem, while informational and instrumental support help build a disciplined and structured learning environment. Therefore, active parental involvement plays a crucial role in improving the learning motivation and academic achievement of high school students in Indonesia.

**Keywords:** *parental support, learning motivation, high school students*

### INTRODUCTION

Motivation to learn is a crucial factor in determining a student's academic success. Motivation arises not only from within the individual but is also greatly influenced by the surrounding environment, particularly the family. In the context of Indonesian education, parental support has proven to be a key factor in fostering a passion for learning and improving student achievement. This support can take the form of attention, guidance, and the provision of adequate facilities to support the learning process.

According to research by (Nurhijriah & Irmansah, 2025), parental support significantly influences the learning motivation of students at SMA Negeri 2 Langgudu, both through emotional and economic support. Meanwhile, research by (Asri & Laksmiwati, 2021) shows that social support from parents is positively related to the learning motivation of students at the MTs level. (Wijaya et al., 2021) also expressed a similar sentiment,

asserting that during distance learning, parental support can maintain children's enthusiasm and consistency in learning.

Psychologically, consistent parental support can increase students' self confidence, independence, and academic responsibility. Emotional support, such as encouragement and attention, can foster intrinsic motivation, while instrumental support, such as providing learning resources, can improve students' focus and discipline (Yuliya, 2019); (Rohmawati et al., 2023). Therefore, it can be said that active parental involvement in their children's education plays a significant role in shaping positive character and enthusiasm for learning.

Although there has been a lot of research discussing this topic, a literature review is still needed that combines various research results to obtain a picture. a more comprehensive study of the relationship between parental support and student learning motivation at the Senior High School (SMA) level.

This study focuses on reviewing the forms and influences of parental support on the learning motivation of high school students in Indonesia through a literature review of various previous studies.

Research purposes 1. To find out the forms of parental support that play a role in increasing high school students' learning motivation. 2. To analyze the relationship between parental support and student learning motivation based on the results of a literature review.

This research is expected to provide benefits both theoretically and practically. 1. Theoretical Benefits Theoretically, this research can broaden and enrich studies in educational psychology, particularly regarding the influence of parental support on student learning motivation. The results can also serve as a reference for future research exploring similar topics with broader approaches or different methods. 2. Practical Benefits Practically, this research is expected to provide parents, teachers, and schools with an understanding of the importance of family support in increasing students' enthusiasm and motivation to learn. With good emotional, informational, and instrumental support, it is hoped that students will be more enthusiastic about achieving academic success. Furthermore, the results of this study also can be used as a consideration in preparing school programs that focus on increasing cooperation between parents and schools.

## LITERATURE REVIEW

Parental support is an external factor that significantly influences the development of students' learning motivation. According to Sarafino & Smith (2011), parental social support encompasses emotional, informational, and instrumental assistance provided to children in facing the demands of learning. This form of support helps students feel valued, accepted, and motivated to achieve academic goals.

In general, parental support is divided into three main forms: 1. Emotional support, such as providing attention, affection, and encouragement to children. This makes students feel cared for, which builds self-confidence and encourages them to study harder. 2. Instrumental support, in the form

of providing learning facilities such as books, stationery, or internet access. This form of support helps create a conducive learning environment. 3. Informational Support, namely providing advice, guidance and motivation in managing study time and determining effective study strategies.

From an educational psychology perspective, learning motivation can be explained through Self-Determination Theory (Deci & Ryan, 1985), which emphasizes that motivation arises when basic human needs competence, autonomy, and relatedness are met. Parental support plays a significant role in meeting these needs, for example, by allowing children the freedom to choose their learning methods (autonomy), rewarding achievement (competence), and creating warm relationships (relatedness).

Several previous studies have also strengthened the link between parental support and learning motivation. Research by (Asri & Laksmiwati, 2021) demonstrated a positive relationship between parental social support and student learning motivation at the MTs level. A similar finding was expressed by (Wijaya et al., 2021) who found that emotional support from parents during distance learning helped maintain children's enthusiasm for learning during the pandemic.

Meanwhile, (Rohmawati et al., 2023) found that parental expectations and involvement contributed to increasing vocational high school students' motivation to learn and achieve career goals. This finding aligns with (Yuliya, 2019) who explained that adolescents Those who feel emotionally supported by their parents show higher intrinsic motivation in achieving academic achievement.

Furthermore, (Nurhijriah & Irmansah, 2025) emphasized that parental support not only influences emotional aspects but also economic and moral aspects, which can shape students' academic responsibility. This suggests that learning motivation is not solely determined by individual factors but is also greatly influenced by the family environment.

Formulation of the problem 1. What forms of parental support influence high school students' learning motivation? 2. To what extent is there a relationship between parental support and student learning motivation based on the results of previous research?

## METHOD

### *Research Design*

This study employed a literature review method, reviewing research findings from various national journals that discuss the relationship between parental support and student learning motivation. Literature sources were selected based on relevance, the context of secondary education, and the validity of the research findings.

## RESULT & DISCUSSION

The results of a literature review indicate that parental support has a strong influence on high school students' learning motivation. This support can take the form of emotional, informational, or instrumental support, all of which play a role in shaping students' enthusiasm for learning and academic responsibility.

According to (Nurhijriah & Irmansah, 2025), parental support significantly influences the learning motivation of students at SMA Negeri 2 Langgudu. This support encompasses not only economic assistance but also attention and moral encouragement, which help students become more confident and enthusiastic about learning. This study shows that learning motivation increases when students feel they receive attention and involvement from their parents. Meanwhile, (Asri & Laksmiwati, 2021) found that social support from parents is positively related to the learning motivation of MTs students. Support such as providing guidance, encouragement, and time to listen to children's concerns are important factors in maintaining consistent learning motivation. These results confirm that parental emotional involvement helps children feel more valued and supported.

(Wijaya et al., 2021) research also shows that during distance learning, parental support plays a crucial role in maintaining children's enthusiasm for learning. Support in the form of attention, good communication, and mentoring while studying at home can maintain student motivation despite limited social interaction. Findings from (Rohmawati et al., 2023) further indicate that

parental support, including expectations for their children's future and career, influences vocational high school students' learning motivation. Parents who provide trust and positive encouragement to their children can foster motivation to achieve better academic performance.

Furthermore, (Yuliya, 2019) in the journal Psikoborneo also explained that adolescents who feel supported by their parents have higher intrinsic motivation to achieve. Consistent emotional support can strengthen students' self-confidence in their ability to achieve academic goals.

From the overall research results, it can be concluded that parental support is one of the most influential external factors affecting student learning motivation. Emotional, informational, and instrumental support can foster students' self-confidence, enthusiasm, and discipline in learning. Therefore, active parental involvement is essential for students' continued learning motivation to develop and positively impact their academic achievement.

## CONCLUSION

Parental support has been shown to be closely linked to the learning motivation of high school students in Indonesia. Emotional, informational, and instrumental support from parents can strengthen students' drive to learn and achieve. Therefore, active parental involvement is essential to supporting their children's educational success.

## REFERENCE

- Asri, A. L., & Laksmiwati, H. (2021). Hubungan antara dukungan sosial orang tua dengan motivasi belajar pada siswa MTs Roudlotul Hikmah Wringinanom Gresik. *Jurnal Character*. <https://ejournal.unesa.ac.id/index.php/character/article/view/41769>
- Deci, E. L., & Ryan, R. M. (1985). *Intrinsic motivation and self-determination in human behavior*. Plenum Press.

- Nurhijriah, N., & Irmansah, I. (2025). Evaluasi pengaruh dukungan orang tua dan kondisi ekonomi terhadap motivasi belajar siswa SMA Negeri 2 Langgudu. *DIKSI Jurnal Kajian Pendidikan dan Sosial*, 6(2), 85–93. <https://doi.org/10.53299/diksi.v6i2.1571>
- Rohmawati, L. I. S., Indreswari, H., & Flurentin, E. (2023). Dukungan orang tua, ekspektasi karier dan hubungannya dengan motivasi belajar siswa di SMK Negeri 5 Malang. *Jurnal Pembelajaran Bimbingan dan Pengelolaan Pendidikan*, 3(3), 252–262. <https://doi.org/10.17977/um065v3i32023p252-262>
- Sarafino, E. P., & Smith, T. W. (2011). *Health psychology: Biopsychosocial interactions*. John Wiley & Sons.
- Wijaya, R. W., Purnomo, A., & Idris, I. (2021). Pengaruh dukungan orang tua terhadap motivasi belajar anak selama pembelajaran jarak jauh. *SOCIA: Jurnal Ilmu-Ilmu Sosial*, 18(2), 113–120. <https://journal.uny.ac.id/index.php/sosia/article/view/40503>
- Yuliya, Y. (2019). Hubungan antara dukungan orang tua dengan motivasi belajar pada remaja. *Psikoborneo: Jurnal Ilmiah Psikologi*, 7(2). <https://doi.org/10.30872/psikoborneo.v7i2.4780>